

CALLERLAB BASIC & MAINSTREAM PROGRAMS*

(Revised 2006)

CALLERLAB BASIC PROGRAM		CALLERLAB MAINSTREAM PROGRAM
<ol style="list-style-type: none"> 1. DANCER NAMING <ol style="list-style-type: none"> A. PARTNER/CORNER B. HEADS/SIDES C. COUPLE #1,#2,#3,#4 D. BOYS/GIRLS E. <i>CENTERS/ENDS</i> 2. CIRCLE LEFT/CIRCLE RIGHT 3. FORWARD & BACK 4. DOSADO/<i>DOSADO TO A WAVE</i> 5. SWING 6. PROMENADE/SINGLE FILE PROMENADE <ol style="list-style-type: none"> A. COUPLES (FULL, 1/2, 3/4) B. SINGLE FILE PROMENADE C. <i>STAR PROMENADE</i> 7. ALLEMANDE LEFT 8. ARM TURNS 9. RIGHT & LEFT GRAND FAMILY <ol style="list-style-type: none"> A. RIGHT AND LEFT GRAND B. WEAVE THE RING C. <i>WRONG WAY GRAND</i> 10. LEFT-HAND STAR/RIGHT-HAND STAR 11. PASS THRU 12. SPLIT TWO 13. HALF SASHAY FAMILY <ol style="list-style-type: none"> A. HALF SASHAY B. ROLLAWAY C. LADIES IN, MEN SASHAY 14. TURN BACK FAMILY <ol style="list-style-type: none"> A. U-TURN BACK B. BACKTRACK 15. SEPARATE AROUND 1 OR 2 <ol style="list-style-type: none"> A. TO A LINE B. AND COME INTO THE MIDDLE 16. COURTESY TURN 17. LADIES CHAIN FAMILY <ol style="list-style-type: none"> A. TWO LADIES CHAIN (REG & 3/4) B. FOUR LADIES CHAIN (REG & 3/4) C. <i>CHAIN DOWN THE LINE</i> 18. DO PASO 19. LEAD RIGHT 20. RIGHT AND LEFT THRU 21. GRAND SQUARE 22. STAR THRU 23. CIRCLE TO A LINE 24. BEND THE LINE 25. ALL AROUND THE CORNER 26. SEE SAW 	<ol style="list-style-type: none"> 27. SQUARE THRU (1,2,3,4)/ <i>LEFT SQUARE THRU (1,2,3,4)</i> 28. CALIFORNIA TWIRL 29. DIVE THRU 30. WHEEL AROUND 31. THAR FAMILY <ol style="list-style-type: none"> A. ALLEMANDE THAR B. ALLEMANDE LEFT TO AN ALLEMANDE THAR C. <i>WRONG WAY THAR</i> 32. SHOOT THE STAR/ SHOOT THE STAR FULL AROUND 33. SLIP THE CLUTCH 34. BOX THE GNAT 35. OCEAN WAVE FAMILY <ol style="list-style-type: none"> A. STEP TO A WAVE B. BALANCE 36. ALAMO RING FORMATION <ol style="list-style-type: none"> A. ALLEMANDE LEFT IN THE ALAMO STYLE B. BALANCE 37. PASS THE OCEAN 38. EXTEND (FROM 1/4 TAG ONLY) 39. SWING THRU/<i>LEFT SWING THRU</i> 40. RUN/<i>CROSS RUN</i> 41. TRADE FAMILY <ol style="list-style-type: none"> A. (NAMED DANCERS) TRADE B. COUPLES TRADE C. PARTNER TRADE 42. WHEEL & DEAL 43. DOUBLE PASS THRU 44. FIRST COUPLE GO LEFT/RIGHT, NEXT COUPLE GO LEFT/RIGHT 45. ZOOM 46. FLUTTERWHEEL/ <i>REVERSE FLUTTERWHEEL</i> 47. SWEEP A QUARTER 48. VEER LEFT/VEER RIGHT 49. TRADE BY 50. TOUCH 1/4 51. CIRCULATE FAMILY <ol style="list-style-type: none"> A. (NAMED DANCERS) CIRCULATE B. ALL 8 CIRCULATE C. COUPLES CIRCULATE D. <i>SINGLE FILE CIRCULATE</i> E. <i>SPLIT/BOX CIRCULATE</i> 52. FERRIS WHEEL 	<ol style="list-style-type: none"> 53. CLOVERLEAF 54. TURN THRU 55. EIGHT CHAIN THRU EIGHT CHAIN 1,2,3,etc. 56. PASS TO THE CENTER 57. SPIN THE TOP 58. CENTERS IN 59. CAST OFF 3/4 60. WALK & DODGE 61. SLIDE THRU 62. FOLD/<i>CROSS FOLD</i> 63. DIXIE STYLE TO AN OCEAN WAVE 64. SPIN CHAIN THRU 65. TAG THE LINE (IN/OUT/LEFT/RIGHT) 66. HALF TAG 67. SCOOT BACK 68. SINGLE HINGE/COUPLES HINGE 69. RECYCLE (FROM A WAVE ONLY)

CALLERS ARE REMINDED TO LIMIT THEIR CALLS TO THE ADVERTISED PROGRAM. CALLS FROM A LIST OTHER THAN ADVERTISED SHOULD NOT BE USED UNLESS THEY ARE WALKED THROUGH OR WORKSHOPPED FIRST

*Suggested Teaching Order

CALLERLAB recommends that the BASIC and MAINSTREAM Programs, calls 1-69, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in *italics* may be deferred until later in the teaching sequence.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.

These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.

CALLERLAB PROGRAMS

BASIC & MAINSTREAM

Why Programs and Lists?

CALLERLAB programs define a world-wide standard of square dance calls to be taught in square dance classes or workshops. Program lists, such as this one, list the set of calls that may be called at a dance advertised to be a specific dance program i.e. Basic, Mainstream, Plus, etc. Dance promoters are encouraged to list the program to be danced on flyers, brochures and other advertisements of open dances. Dancers should refer to the program designations to seek out dances that will consist of material with which they are familiar. Program lists are used by callers in programming an appropriate dance for a specific group of dancers. Including the desired program in the caller's confirmation agreement will provide programming guidance to the caller as well as protection for the sponsoring organization.

The program(s) are not intended to segregate dancers into exclusive groups or to indicate that one who chooses to dance at his or her own preferred program is any better, or any worse, than any other dancer. Dancing skill can be achieved at many programs, and the quantity of calls is not necessarily an indication of dancer proficiency. It is hoped that the program lists will be used to aid in a logical teaching progression and thorough coverage of basics in classes and to provide an enjoyable modern square dance for dancers of all inclinations. In addition, CALLERLAB's intent is that approved styling and timing of square dance movements will be an integral part of all classes and dance programs. It is also hoped that proper teaching, including timing and styling, will result in smooth dancing for the greater enjoyment of all.

What Next?

Responsible leaders, within and outside of CALLERLAB, recommend that dancers dance regularly at the program at which they graduate for at least one (1) year before they enter into classes or workshops for another program. This means that dancers graduating from the Mainstream Program should dance regularly at Mainstream dances for a year before going into the Plus Program.

There should be no pressure for movement from one program to another once a dancer has graduated. Dancers should be encouraged to take their time, enjoy the fun and fellowship and learn to dance well at that program before moving on to another program.

What About Periodic Selections?

Dancers are not required to know the Periodic Selections in order to attend an advertised Mainstream dance.

Periodic Selections are not part of the Mainstream Program. They are provided as optional material for those callers and/or clubs that wish to include a workshop in their programs. Callers are reminded that Periodic Selections should not be used unless they are walked through or workshopped first.